#### 2014 MID PENN PLUNGE @ NORTHERN HIGH SCHOOL ENTRY FORM

#### **Instructions**

- 1. Please see the separate Plunge Meet Invitation document for more details regarding the meet.
- 2. The preferred format for entries is a Team Manager Meet Entry Export file email attachment. Please see the separate Meet Invitation for details on how to submit your entries via Team Manager. If you do not have Team Manager or are not able to use that format, please submit, via email, this completed *Plunge Entry Form*. It should be sent as an attachment to Jim Buck at **jamesbuck@verizon.net**. Before sending, please save the "file as" and add the name of your team (i.e. Plunge 2014 Entry Form Trinity) to the file name. Also, please include "MP Plunge" and your school name in the email subject area, for example "MP Plunge Big Spring".
- 3. If possible, please also provide your ROSTER via a Team Manager Athlete/Roster Export file or an MS Word Document attachment to Jim Buck at jamesbuck@verizon.net
- 4. Please direct any entry questions to Jim Buck at jamesbuck@verizon.net or 215-8512.
- 5. **By 9:00 PM, Sunday, February 2<sup>nd</sup>** Non-Team Manager (MS Word entry form) entries are due to Jim.
- 6. **By 9:00 PM, Thursday, February 6<sup>th</sup>** Team Manager Export Entry File attachments are due to Jim.
- 7. **By 12:00 noon, Monday, February 10<sup>th</sup>** scratches of swimmers who swam at the Mid Penn Championships are due. Please send an email to Jim at **jamesbuck@verizon.net** stating which swimmer needs to be scratched from which Mid Penn Plunge events.
- **8.** Please send your entries <u>via email</u> to <u>jamesbuck@verizon.net</u> and include "MP Plunge" and your School Name in the subject area of the email, for example "MP Plunge Trinity".
- 9. There is an entry fee of \$5 per swimmer per individual event and \$10 per relay team.
- 10. Please bring your entry fee check to the meet. If that is not possible, entry <u>fees</u> are due by FRIDAY, FEBRUARY 21<sup>st</sup>. Checks should be made payable to "NHS Swim Boosters" and, if necessary, mailed to: **Pam Wheat, 102 Alverton Court, Dillsburg, PA 17019.**
- 11. There will be 20-minute breaks for Awards and warmup/cooldown after the 200 IM, 100 Fly and 500 Free.

If you don't have Team Manager software....

Please complete this information
HIGH SCHOOL NAME:
Non-Swim School
Swim School
Contact Name:
Contact email address:
Contact Daytime Phone:
Contact Cell Phone:
Contact Evening Phone:

## 2014 MID PENN PLUNGE @ NORTHERN HIGH SCHOOL ENTRY FORM

(See the following pages for Individual and Relay entry forms)

SCHOOL: Please type your School Name here =>

			<b>←</b> ====================================									
Swimmer First & Last Name	Boy or Girl?	School Grade	200 FREE	200 IM	50 FREE	100 FLY	100 FREE	500 FREE	100 BACK	100 BREAST		

# 2014 MID PENN PLUNGE @ NORTHERN HIGH SCHOOL ENTRY FORM

## **RELAY** EVENT ENTRY FORM

SCHOOL: Please type your School Name here =>

Relay Event (i.e. 200 Medley)	Event #	Relay Entry Letter (A, B, C)	Entry Time	Relay Swimmer Name 1 (Grade)	Relay Swimmer Name 2 (Grade)	Relay Swimmer Name 3 (Grade)	Relay Swimmer Name 4 (Grade)	Relay Swimmer Name 5 (Grade)	Relay Swimmer Name 6 (Grade)	Relay Swimmer Name 7 (Grade)	Relay Swimmer Name 8 (Grade)
Example: Girls 200 Free Relay	21	A	2:14.75	Michelle Fast (12)	Jenna Ewing (10)	Marie Smith (9)	Margaret Thatcher (11)	Susie Black (10)	Courtney Ramsey (9)	Molly Pitcher (11)	Rebecca Quick (12)